



VII 5k race 2019
RULES AND REGULATIONS

ARTICLE 1 - DATE AND TIME

Gipuzkoa Athletics Federation (FAG), along with Fly Group, organise the VII edition of the 5km San Sebastian on Sunday, **October 20**, 2019. Departure is scheduled at 09:40 and the race should be completed within a time limit of 35 min.

09h40 5K

09h55 Roller

10h30 10K

10h40 wheelchairs and handbikes

11h00 15K

The course is urban and has been measured by the FAG and RFEA judges on the distance of 5 km. The race should be completed within a time limit of 35'

ARTICLE 2 - CONDITIONS OF PARTICIPATION

This race is open to participation to anyone who wishes to take part, regardless of sex or nationality, licensed or not through a federation. All participants must be born in 2003 or before.

Participation is limited to 500 runners.

Each athlete participates in the race at their own risk and has enough fitness level to run the race without any problems or risks to their health.

It is compulsory to wear the bib corresponding to this edition, which has to be placed in a visible way in the chest. The bib can't be altered or folded in any way and the logos on it must be visible.

ARTICLE 3 - REGISTRATION

Registration fees; all fees include Bib-chip



Bibs sold until 1st May: 9 euro (Just online)
From 2nd may to 1st July: 10 euro
From 2rd July to 6th October: 11 euro
From 7th October: 12euro

Registration and payment can be made online at www.15kdonostia.com
(Credit and Debit Card accepted)

ARTICLE 4 - REFUND OF ENTRIES

Once the registration is completed, under no circumstances will any refunds be made or will the registration be deferred to the 2019 edition. When registering participants will be able to buy the cancellation insurance, which guarantees the refund of the full fee until 6th October or the possibility of deferring their entry till 2019 if they apply for a cancellation from 7nd to 13th October. The cancellation insurance is not refundable and it has to be bought together with the registration. In order to cancel the registration, the holder must send an email to 15km@flygroupnet.com indicating name and surname, Id number and registration order number.

ARTICLE 5 - COLLECTION OF BIBS AND CHIPS

The use of the bib - chip is mandatory. Pick-up dates and times:

- Saturday 19 October -Anoeta Stadium (Gate 2) from 10am to 14pm and 15pm to 7pm
- The day of the race from 8:00 to 9:00

In order to pick them up, it will be necessary to show identity proof (ID card, driving license, passport). It is advisable to pick the bib up the day before the race.

***** We recommend all participants to pick their bibs/chips up the day before the race. In case they can't do it personally they can send a third person with a photocopy of their passport (A photo of the passport in a mobile device will also**



be accepted). It is also advisable to take the confirmation email with you in case there is some kind of problem with their entry

When registering online before, participants will also be able to choose to pick their bib/chip up at other official pick up locations from **15 to 17 October**

This option will be available for a limited number of registrations.

BMW Lurauto Oiartzun
09:00-13:00 / 16:00-19:00

PLAZA BERRI SPORT
9:30 -13:00 / 17:00-20:00

EROSKI GARBERA (San Sebastian)
10:00-22:00

EROSKI EASO (San Sebastian)
09:30-21:00

EROSKI ARCCO (San Sebastian)
09:30-21:00

ROBERS SAN SEBASTIAN
10:00-13:00 / 16:00-20:00

There will be a limited number of bibs to be picked up at each store.

ARTICLE 6 – TIME LIMIT

The maximum duration of the race is 35 minutes

ARTICLE 7 - REFRESHMENT

General refreshment will be provided to all participants at the finish line.

ARTICLE 8 – INSURANCE FOR PARTICIPANTS

All officially registered participants will be covered by an insurance policy that will cover accidents occurring as a direct result of the race development/participation and not as a derivation of a latent disease or defect, recklessness, negligence, breach of laws and the race rules, as well as those



accidents produced during the journeys to and from the place where the race takes place.

ARTICLE 9 - MEDICAL ASSISTANCE

There will be medical assistance along the course. There will also be medical assistance at the finish line

The organization recommends the runners to undergo a medical examination prior to the test. All participants accept the risk associated with sports.

ARTICLE 10-PRIZES

There will be trophies for the first 3 qualified runners (both men and women categories)

ARTICLE 11 – IMAGE AND DATA RIGHTS

By signing up for the 15 km San Sebastian, all participants automatically accept its rules and regulations and at the same time agree that FAG and Fly Group, either in their name or through third parties, may automatically use their personal data and their image (in photos, moving images etc), for exclusively sports related, promotional or commercial purposes.

In compliance with Organic Law 15/1999, of 13 December, on the Protection of Personal Data, participants have the right to access these files in order to modify or cancel either totally or partially the information contained. To do so, a written request must be sent to the head office of either FAG (Anoeta pasealekua 5, Kirol Etxea 20014 Donostia) or FlyGroup(Pol Akarregi 12, pab 5-20120Hernani)

All matters which are not covered in these rules and regulations shall be governed by IAAF rules.